

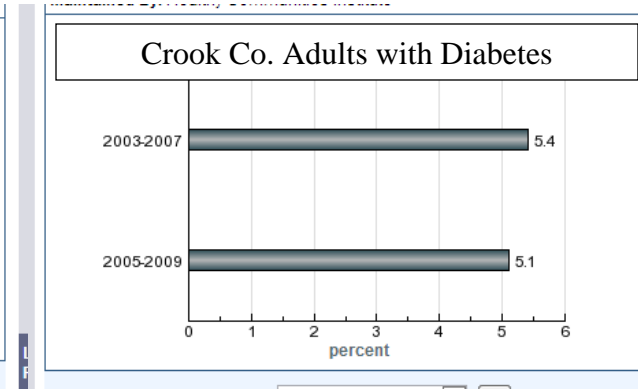
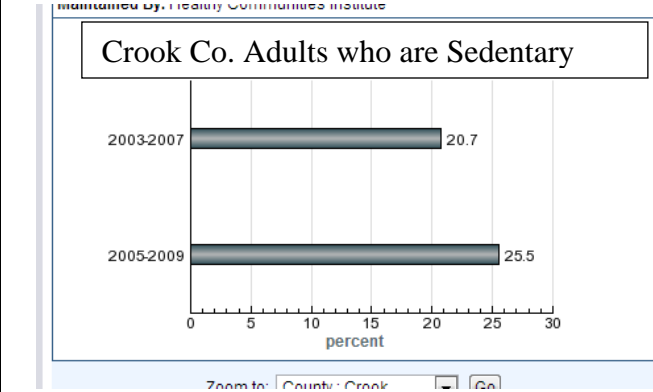
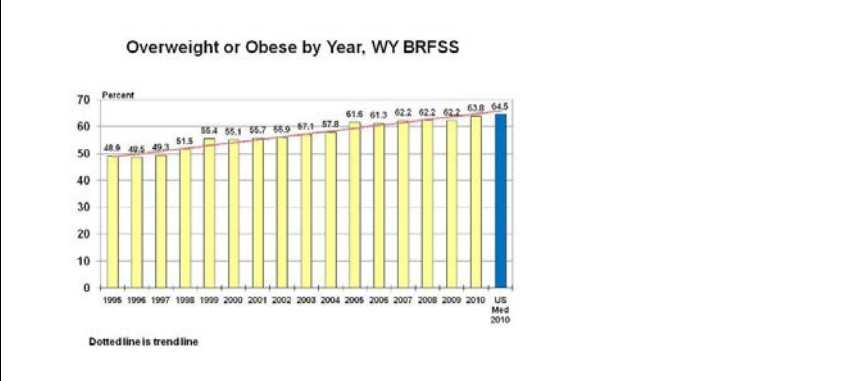
Hospital Logo Here	Crook County Community Health Improvement Plan Report Card OUTCOME: Crook County Residents have Healthy Lifestyles POPULATION: Crook County Residents	ACTION TEAM DESCRIPTION:
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- HEADLINE PERFORMANCE MEASURES:**
- Obesity and overweight
 - % of diabetes
 - Adults who are Sedentary

- DATA DEVELOPMENT AGENDA:**
- % of heart disease
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- STORY BEHIND BASELINE:**
- Kids don't go out as much
 - Kids are overscheduled.
 - No rec center. Kids might have a lack of access to physically active options (i.e., no nets on basketball hoops, etc.)
 - Limited options for kids that are safe (i.e., par-core)
 - No sidewalks (which may not necessarily be an issue),
 - Weather temperatures
 - Nothing indoors for activity.
 - Some food stores offer savings programs/options for healthy food options.
 - Lack of public education about nutrition breakdown of foods at the food store.
 - Salad bars at the school and other food options are positive. Athletes are able to take a sacked lunch with them on road trips.
 - Junior High and High Schools do not provide lunch and therefore kids must walk to the elementary school or the convenience store.
 - Relationships between communities within the County.
 - Education (change the stigma that currently exists of "I can't afford to eat healthfully").
 - Poverty rate / socioeconomic status
 - Unsupervised kids due to parents' schedules
 - Shift work. Parents working long shifts, inability to cook for the family

HOW ARE WE DOING?



- WHAT WORKS (BEST PRACTICES):**
- <http://www.wyominghealthmatters.org/modules.php?op=modload&name=PromisePractice&file=index>

What Might Work?

- Connect with the high school to use gym equipment.
- Tying into the plans for the new elementary school (Sundance), which might bring with it a sports complex.
- Work toward building efforts for an indoor facility to be physically active.
- Further partnership and collaboration with other communities in Crook County to provide a variety of indoor physical activity programs/options.
- Promote joint planning between communities.
- Nutrition education strategies.
- Work with the partnership (existing) with Weston County for Cent\$ible Nutrition. (A potentially issue is the time classes are currently being offered.) Provide childcare and better hours during courses
- Engage the community for volunteer support.
- Tap into the retiree community
- Civic groups that already exist to provide their volunteer hours toward these efforts
- 5210 program (Maine as a reference document)
- Play 360 program
- Meals on Wheels programs for providing other food access/opportunities to kids.
- Promotion of existing programs. (i.e. Bountiful Baskets)

PARTNERS WITH A ROLE TO PLAY:

- School district
- School parent-involvement groups
- Early childhood providers
- Hospital
- Public Health
- Home Health
- County prevention partners (i.e., UW Extension Services)
- Cent\$ible Nutrition-UW Extension
- Senior Center
- Grandparents

- Food stores
- Faith-based organizations
- Interagency (early childhood, health, interventions)
- DFS
- Elected Officials
- Large employers (Forest Service, Powder River Energy)
- Newspaper - evaluate all communities
- Prevention Management Organization
- Mental Health
- Food Pantry
- Bountiful Baskets

WHAT ARE WE GOING TO DO TO IMPROVE PERFORMANCE?

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HOW ARE WE GOING TO MEASURE PERFORMANCE?

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